

Y GYM SCHEDULE

Greater Wichita YMCA | We build strong kids, strong families, strong communities. | www.ymcawichita.org

Andover Branch YMCA Open Gym Schedule 3/1-3/31

Open Gym times listed below are available for basketball for all ages. Times listed as (Adult) are for pick-up basketball 18 and older. **YMCA Gym schedules are subject to change.** A current schedule is available at the branch or online at www.ymcawichita.org.

During all other times, the gymnasiums are in use for YMCA programs such as gymnastics, martial arts or youth & adult sports. For information on these programs please consult the YMCA Program Guide.

Gym 1	
Sunday	10:00am - 7:00pm
Monday	5:00am - 6:00pm 8:00pm - 10:30pm
Tuesday	5:00am - 6:00pm 8:00pm - 10:30pm
Wednesday	5:00am - 6:00pm 8:00pm - 10:30pm
Thursday	5:00am - 6:00pm 8:00pm - 10:30pm
Friday	5:00am - 9:30pm
Saturday	6:30am-7:00pm

Gym 2	
Sunday	10:00am - 7:00pm
Monday	5:00am - 6:00pm 8:00pm - 10:30pm
Tuesday	5:00am - 6:00pm 8:00pm - 10:30pm
Wednesday	5:00am - 6:00pm 8:00pm - 10:30pm
Thursday	5:00am - 6:00pm 8:00pm - 10:30pm
Friday	5:00am - 9:30pm
Saturday	6:30am-7:00pm

Gym 3	
Sunday	10:00am - 2:00pm
Monday	5:00am - 5:30pm 6:30pm - 10:30pm
Tuesday	5:00am - 5:30pm 6:30pm - 10:30pm
Wednesday	5:00am - 8:00am 9:00am - 5:30pm 6:30pm - 10:30pm
Thursday	5:00am - 5:30pm 6:30pm - 10:30pm
Friday	5:00am - 7:30pm
Saturday	6:30am - 8:00am 4:00pm - 7:00pm

Make fitness part of the whole family's weekly schedule!

Adults and teenagers can enjoy the YMCAs group exercise classes, weight training and fitness center while the younger kids have a great time in Fun Fit.

Now included in your membership, Fun Fit features exciting games and activities for kids ages 6-12 that teach sportsmanship while improving muscular strength, endurance, flexibility and lifelong fitness skills.

Fun Fit is offered at the following times:

Monday thru Thursday 5:30pm-6:30pm

FUN FIT!



Adult Pick	Monday - Friday
Up Basketball	5:30am - 6:30am
Gym 1	11:30am - 1:00pm
	T/TH 8:30pm-10:00pm
Open	Friday
Volleyball	7:30pm-9:00pm (Gym 3)

Use of YMCA gymnasiums during open recreational time is included in YMCA membership. YMCA walking tracks are also open to all members ages 13+ during regular business hours.