



POOL SCHEDULE

CENTRAL YMCA

Open Pool Schedule

Effective 01-01-12 to 3-31-12

To ensure you have the opportunity to strengthen family through quality time together or can develop a wellness routine in the water, the Y offers the following times for open recreational and lap swimming as part of your membership. During times not listed below, the pools are closed for YMCA swim lessons and/or water exercise classes. For information on lessons, please consult the YMCA Program Guide. For information on water exercise classes, please refer to the Water Exercise schedule found in the literature rack in the lobby. Open pool times are subject to change and schedules for all Greater Wichita YMCA locations are available online at www.ymcawichita.org

LAP POOL		
Times listed below are available for lap swim only. Available lanes are noted.		
Sunday	6:30-9:00A	5 lanes
	9:00A-5:00P	3 lanes
Monday	5:30-10:00A	5 lanes
	10:00-11:00A	2 lanes
	11:00A-1:30P	5 lanes
	1:30-4:30P	1 lane
	7:30-9:00P	3 lanes
Tuesday	5:30-9:00A	5 lanes
	9:00-11:30A	1 lane
	11:30A-1:00P	5 lanes
	1:00-4:30P	3 lanes
	6:30-9:00P	3 lanes
Wednesday	5:30-9:00A	5 lanes
	9:00-11:30A	2 lanes
	11:30A-2:00P	5 lanes
	3:00-4:30P	2 lanes
	6:30-9:00P	3 lanes
Thursday	5:30-9:00A	5 lanes
	9:00-11:30A	2 lanes
	11:30-1:00P	5 lanes
	1:00-4:30P	3 lanes
	7:30-9:00P	3 lanes
Friday	5:30-9:00A	5 lanes
	9:00-11:30A	1 lane
	11:30A-1:30P	5 lanes
	1:30-6:30P	2 lanes
	6:30-9:00P	3 lanes
Saturday	6:30-10:00A	5 lanes
	10:00A-5:30P	3 lanes

FAMILY RECREATIONAL POOL	
Times listed below are available for open swim.	
Sunday	9:00A-5:00P
Monday	10:00-11:00A
	3:00-4:30P
	7:30-9:00P
Tuesday	9:00-11:30A
	1:00-4:30P
	6:30-9:00P
Wednesday	9:00-11:30A
	3:00-4:30P
	6:30-9:00P
Thursday	9:00-11:30A
	1:00-4:30P
	7:30-9:00P
Friday	9:00-11:30A
	3:30-4:30P
	6:30-9:00P
Saturday	10:00A-5:30P

FEATURES

The following features are available during the noted times.

Hot Tubs

Located in the men's and women's locker rooms, the Hot Tubs are available for members and guests over the age of 18 during regular operating hours.

OTHER OPTIONS

100 Mile Swim Club

Record your laps throughout the year and earn a t-shirt for achieving 100 miles. Free to Y members. Ask any lifeguard for details.

Lap Lengths

70 lengths (35 laps) = 1 mile
 35 lengths (17.5 laps) = 1/2 mile
 18 lengths (9 laps) = 1/4 mile

Pool Temperatures

Recreational/Therapy 86-88°
 Hot Tubs 101-104°

SPLASH & STARS

Free learn-to-swim classes and after school programs for students attending low-income schools may alter Family Recreational Pool schedules. These programs are part of the Y's Strong Kids services. Watch for notice of schedule changes.



SWIM ACADEMY

Advance your child's swim skills faster with the Y's swim academy which meets twice a week.
 FEES: \$48/ \$68 per month

M & W or Tu & Th
 Level 1 5:15P
 Level 2 6:15P

