



GYM SCHEDULE

EL DORADO YMCA

Open Gym Schedule

Effective 1.1.12 to 2.25.12 updated 1.10.12

To ensure you have the opportunity to strengthen family through quality time together or can develop a wellness routine that includes indoor sports, the Y offers the following open gym times as part of your membership. During times not listed below, the gyms are closed for youth sport leagues, group exercise, summer day camp or instructional classes. For information on sport leagues and classes, please consult the YMCA Program Guide. For information on group exercise classes, please refer to the Group Exercise schedule found in the literature rack in the lobby. Open gym times are subject to change and schedules for all Greater Wichita YMCA locations are available online at www.ymcawichita.org.

FULL COURT GYM	
Times listed below are available for recreational gym use.	
Sunday	1:00P-7:00P
Monday	5:00A-6:00P
	3:30-4:30P closed for Fun Fit
	4:30-6:00P
	6:00P-7:00P closed for YBL
	7:00P-10:00P
Tuesday	5:00A-2:30P
	2:30P-3:15P closed for P.E.
	3:15P-5:30P
	5:30P-6:30P closed for Zumba
	6:30P-10:00P
Wednesday	5:00A-10:00P
Thursday	5:00A-2:30P
	2:30P-3:15P closed for P.E.
	3:15P-6:00P
	6:00P-6:30P half-court
	6:30P-7:30P closed for YBL
	7:30-10:00P
Friday	5:00A-3:30P
	4:30-9:00P
Saturday	7:00A-7:00P

YOUTH & FAMILY GYM	
Gymnasium is dedicated to gymnastics. For your safety, do not play on equipment.	
Sunday	Closed for gymnastics
Monday	Closed for gymnastics
Tuesday	Closed for gymnastics
Wednesday	Closed for gymnastics
Thursday	Closed for gymnastics
Friday	Closed for gymnastics
Saturday	Closed for gymnastics

Racquetball & Handball

Invite your friends and family to join you at center court for a great way to stay active together.

Access to racquetball courts is included in YMCA membership, and equipment is available for check out at the front desk.

Court reservations may be made up to 24-hours in advance by calling 320-9622 or visiting the front desk.

JOIN THE TEAM

Enroll for youth sports like basketball, soccer and flag football. Registration forms are available at the front desk or online at www.ymcawichita.org.

BE A ROLE MODEL

Become a volunteer YMCA Coach. Ask Y Program Director Carey Knutson for details.

ANNOUNCEMENT

The Gym will be closed from 6:00P-8:00P for games on 1.23.12, 1.26.12 and from 7:00P-8:00P on 1.24.12, 1.30.12, 1.31.12, 2.6.12.

