

North Branch YMCA

(The wall is open to belay certified climbers during all building hours)

Effective 8/1/11 – 12/31/11

Class Schedule

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
No Classes	Youth 5:30 pm	Youth 5:30 pm	Youth 5:30 pm	Youth 5:30 pm	No Classes	Youth 11:00 am
	Adult 6:15 pm	Teen 6:15 pm	Adult 6:15 pm	Teen 6:15 pm		Teen 11:45 am
						Belay Cert 1:00 pm

The North YMCA Climbing Wall provides exciting opportunities for kids, families and groups.

Discover climbing activities for all ages and experience levels. Bouldering allows you to climb horizontally, while belayed climbing takes you to the top of each wall. Enjoy open climb times by achieving your own belay certification.

Climbing Classes (ages 4 & up) – Learn the basics of climbing or progress to advanced climbing techniques through a variety of classes ranging from youth to adult. New sessions begin at the start of each month. 45-minute classes. \$22 member/ \$47 community member.

Youth (ages 4-12)

Teen (ages 13-17)

Adult (ages 18 & up)

Family Class (ages 4 & up) – Parents and children can work side by side as they learn the basics of climbing techniques. 45-minute classes. Monthly classes. \$48 member/\$63 community member. Contact Jeremy Neuman to set up a class for your family.

Belay Certification (ages 11 & up) – Members receive belay certification after completing a two-hour class and passing a retention check at a later date. See schedule above for monthly classes or call 858-9622 to set up your own class with friends and family. Minimum 2 people/maximum 6 people. Two-hour class. Must be registered 24 hours in advance! FEES: \$24.00 per person or \$48.00 for family/group

Retention Checks & Recertifications - See schedule for open belay times. Retention checks may be done during staff belay times if a climbing wall staff member is available. Contact Jeremy Neuman to set up an appointment for your recertification and retention check.

Open Climb – The climbing wall is available for use by belay certified climbers during regular hours of operation. Equipment is available for checkout at the Front Desk. Climbers must be 15 yrs. old to check out equipment. (Note: Space may be limited due to classes – see schedule above)

Birthday Parties – Contact the Youth & Family Coordinator to schedule your climbing wall birthday party today.

GREATER WICHITA YMCA: CLIMBING WALL POLICIES

All climbers should be familiar with the equipment & techniques before climbing. Safety classes are offered for those who haven't climbed or belayed before. Everyone using the wall must sign a waiver and pass a safety test before climbing. Any climber under the age of 18 must have a waiver signed by a parent or legal guardian.

CLIMBING WALL

1. **Belay Certified** by one of our climbing staff. Anyone under 15 yrs must be supervised by belay certified adult (18 yrs or older).

BOULDERING AREA

1. **Belay Certified** always have a spotter.
2. **Climbers 7 & under** must be supervised/spotting by a parent or guardian.

CLIMBING RULES

For your safety and enjoyment please remember: Members between the ages of 11-14 who are

Belay Certified must be tied into the backup and be supervised by a Belay Certified Adult (18

yrs old or older). You can be any age to climb.

- Climbers must pass a belay certification to belay other climbers
- Please walk in designated areas only
- All climbers must wear appropriate footwear. No barefoot climbing.
- Use only holds on wall for climbing. Do not touch exposed metal, belay bars, etc.
- No "topping out" (climbing on top of bouldering area)
- All belayers must be certified by YMCA climbing staff to check out equipment and belay. Climbers must stay "on route" while climbing due to the dangerous swing factor caused by climbing "off route".
- Belayers must belay from their harness, not from the floor anchor. Belayers are required to use floor anchors.
- No solo climbing above 3 foot line
- No sitting down or lying down while belaying
- All accidents and equipment damage must be reported immediately

BOULDERING RULES

For your safety and enjoyment please remember:

- The YMCA recommends using a least one spotter when bouldering
- Boulder within your personal limits; this includes staying below the 4 foot line.
- Small children should only boulder under the direct supervision of their parents/chaperones. Children should stay well below the 4 foot line.
- No "topping out" (climbing on top of bouldering area)
- Yield to roped climbers and show courtesy to others bouldering.
- No bouldering high in climbing wall area (4 feet).

Participants found to be climbing or belaying in an unsafe manner will be asked to leave the wall. Continued infractions can result in suspension of climbing privileges.