



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# IMAGINE GOAL ACHIEVERS

**5:1**  
 VOLUNTEERS  
 TO STAFF

## BETTER COMMUNITY

Not only does the Y serve in 200 community-based program sites outside of its 9 full-service locations but, with a total of 321,790 hours of time and talent donated, volunteers also outnumber staff 5 to 1.



## CONFIDENT TEENS

Thanks to the Y, more than 4,500 middle schoolers were safe, supervised, active, and improving homework habits after school.

In addition, 73 teen parents were able to stay in school and graduate, and another 55 teens prepared for, obtained and held summer jobs.



## POSITIVE CHOICES

The Y helped provide 22,466 free healthy meals and snacks to kids this summer to combat food insecurity.

At the same time, 728 kids and adults learned how to make healthier choices and prepare healthy meals in the Y's Junior Chef Academy and Cooking Matters for Parents.



## STRONG FAMILY

Children raised in intact families have, on average, higher academic achievement, better emotional health, and fewer behavioral problems.

That's why the Y focuses on strengthening families, providing healthy opportunities to 286,929 area kids and adults in 2016.



## FULL RECOVERIES

It is estimated that chronic diseases account for 75% of all health care costs in Kansas.

The Y helped participants combat chronic disease in medically-based programs for diabetes prevention, arthritis management and cancer recovery.



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# IMAGINE

## STRONG COMMUNITY

**\$15**  
MILLION

### BRIGHT FUTURES

The Y provided nearly \$15 million in free and assisted services to 84,012 area kids and adults in 2016



**425**  
KIDS IN Y EARLY  
LEARNING EACH DAY

### SPARKED POTENTIAL

Children who participate in high-quality early learning programs benefit from:

- Better health
- Better cognitive & social-emotional outcomes
- Greater high school graduation rates
- Higher adult employment rates & median annual earnings



**2,300**  
KIDS GETTING HELP TO  
CLOSE THE GAP

### FUTURE SCHOLARS

Kansas is 1 of 3 states with a widening achievement gap.

The Y's elementary afterschool program, summer day camps, YSOAR (summer of awesome reading), and Power Scholars Academy helped kids complete homework and reduce summer learning loss to start closing the gap.



**69%**  
OF KIDS

### HEALTHY KIDS

Did you know, 30.8% of low-income Kansas children are overweight or obese?

In 2016, the Y served more than 110,000 area kids. That's more than 2/3 of all area kids discovering how to be more active, confident and engaged through the Y.



**8,265**  
KIDS MORE CONFIDENT  
IN THE WATER

### SAFE SWIMMERS

Drowning is the leading cause of accidental death among children under the age of 14.

The Y's free SPLASH water safety program helped 1,393 second graders be safer in the water, and swim lessons helped develop 6,872 young swimmers