

# NORTH YMCA

Effective 1/1/2019-5/31/2019

## Dance

Updated 11/18/2018

MONTHLY DANCE*	MON	TU	WED	TH	FR	SA	SU
WIGGLES & GIGGLES no tap shoes needed	10:30 am		5:00 pm			10:00 am	
DANCE WITH ME	11:00 am		5:30 am			10:30 am	
YOUNG BEGINNER			6:00 pm			11:00 am	
BEGINNER			6:45 pm				
ADULT TAP				11:30AM			
DANCE ACADEMY* (ages are guidelines, placement based on skill)							
CREATIVE MOVEMENT			5:00 pm				
PRE-DANCE I	5:00 pm			5:45 pm		9:30 am	
PRE-DANCE II		5:00 pm		5:00 pm			
LEVEL I JAZZ/TAP			6:15 pm			10:15 am	
LEVEL II JAZZ/TAP	7:15 pm	5:45 pm					
LEVEL III JAZZ				6:30 pm			
LEVEL III TAP				5:00 pm			
LEVEL I BALLET			5:30 pm			9:30 am	
LEVEL II BALLET	5:45 pm						
LEVEL III BALLET							
HIP HOP I		5:30 pm					
HIP HOP II		6:45 pm					
MUSIC THEATRE ACADEMY							
LEVEL I		6:15 pm					
LEVEL II	6:30 pm						
DANCE COMPANY (AVAILABLE AT NORTH, NORTHWEST & SOUTH YMCAs)							

### Contact us:

Natasha Jones- Dance, Gymnastics, & Tumbling Director at 858-9622 or [natasha.jones@ymcawichita.org](mailto:natasha.jones@ymcawichita.org)

### DANCE FEES:

**Monthly** \$27/mo  
**Academy** \$35/mo 1 class/wk | \$51/mo 2 classes/wk  
 \$67/mo 3 classes/wk  
**Company** Varies contact the director  
**Private/Semi** \$20 per 30-min | \$15 per person, 30-min

**NOTE:** No classes on Memorial Day and Independence Day. Unless otherwise noted, sessions will be prorated for holiday schedules.....  
 August classes take place 8/1—8/14. All August classes will be prorated

### MUSIC THEATRE ACADEMY—All skill levels are welcome

LEVEL I: ages 6-9 yrs, 60-min class  
 LEVEL II: ages 10 yrs & up, 90-min class

Performers will be taught the 3-disciplines of musical theater; singing, acting

### \*CLASS ATTIRE

**Monthly Classes:** Leotard, tights, pink leather ballet shoes & black tap shoes

#### Academy Classes:

Creative Movement - pink leather ballet shoes  
 Pre-Dance I & II: pink leather ballet shoes & black tap shoes

Academy I-III: Ballet- Leotard, tights, pink leather ballet shoes, Tap/Jazz- leather jazz shoes & black tap shoes

Academy III-IV: pink leather ballet shoes, black tap shoes & black leather jazz shoes

Hip Hop: comfortable pants or shorts, t-shirt and tennis shoes

Fees appear as member rates. Community participants/non-members pay an additional \$20 for eligible programs, unless otherwise indicated.



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# DANCE

FULFILLING DREAMS.

ANOTHER REASON Y.



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## DANCE COMPANY

- Dance enthusiasts become part of a competitive team and focus on advanced dance skills, techniques and choreography
  - Continue to build strength, flexibility and memorization skills, while developing sportsmanship
  - Dedicated dancers will compete in local, regional and national talent competitions
  - Performances at community events and Spring recital in May
  - Contact your Dance Director for fees, class times/frequency
  - Yearly commitment
- Auditions for competition teams held prior to each season.

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## ACADEMY

- Progress faster when learning class structure, etiquette and technique in tap, jazz, ballet, hip hop, and pointe
- Curriculum and choreography progress each month to advance skills and prepare performances
- Improve strength, flexibility, coordination while building confidence and friendships
- Quarterly progress reports
- Performance at Spring recital
- Class fees payable via bankdraft
- Online enrollment not available, visit your local YMCA to register

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## MONTHLY

- Get started with fundamentals of dance, coordination and classroom etiquette in tap, jazz and ballet
- Curriculum repeats each month to reinforce skills
- Monthly progress reports
- Classes meet once per week
- One month commitment
- Ages 2 and up

## MONTHLY CLASSES

Register online or at any YMCA location

### HOP, SKIP, JUMP | ages 2-3 | 30-min

This parent participation class will begin teaching motor skills and rhythm to your young dancer.

### WIGGLES AND GIGGLES | age 3 | 30-min

Basic ballet technique will teach your child to develop coordination, rhythm and timing while dancing to music.

### DANCE WITH ME | ages 4-5 | 30-min

Kids will continue developing their ballet technique with center and across the floor ballet combinations. Dance vocabulary and tap dance will be introduced.

### YOUNG BEGINNER | ages 6-7 | 45-min

### BEGINNER | ages 8-11 | 45-min

### TEEN | ages 12 & up | 45-min

Your dancer will learn ballet, tap and jazz techniques. With three age-based levels, coordination, timing and rhythm will develop as dance routines are taught.

### PRIVATE LESSONS | ages 3 & up | 30-min

The Y offers private/semi-private lessons tailored to individual needs and ability. Please call your Director for more information.

## DANCE ACADEMY CLASSES

### CREATIVE MOVEMENT | age 3 | 30-min

This class introduces a child to dance and song, as they focus on basic ballet techniques, rhythm and timing with music. Dancers will also begin learning proper ballet and classroom etiquette.

### PRE-DANCE I | ages 4-5 | 45-min

This class includes both ballet and tap, and will continue to build on the techniques learned in Creative Movement. Dancers will also discover dance vocabulary.

### PRE-DANCE II | ages 5-6 | 45-min

Previous dance experience not required. This introduces your child to the dance environment of proper etiquette and vocabulary, while teaching techniques in ballet and tap.

### ACADEMY I-II

Level I: ages 6-7 | Level II: ages 8-11

**BALLET:** Levels I-II offer students a 45-min class in classical ballet structure. Dancers will define poise and posture, then move to the barre for body placement, proper technique, and flexibility. These skills will then be used across the floor.

**TAP/JAZZ:** In this 60-min class, your child will be introduced to the elements of sound in tap, with across the floor and center combinations, along with developing coordination and rhythm. In jazz, the focus will be on flexibility and different styles of jazz dance, such as modern and lyrical jazz.

**HIP HOP:** Dancers blend urban and freestyle moves into choreography. I (ages 6-9); II (ages 10+)

### ACADEMY III-IV | ages 8 & up | 45-min

Academy III and IV offers tap, ballet and jazz as separate classes to focus on a specific discipline designed for the intermediate to advanced dancers.

**BALLET:** Commences with barre work to reinforce technical training from Levels I and II

**JAZZ:** Contemporary jazz dance is introduced

**TAP:** Modern and street style blend of tap

### MUSIC THEATRE | ages 6 & up | 45-min

Performers will be taught the 3-disciplines of musical theater; singing, acting and dancing. All skill levels are welcomed.

## DANCE COMPANY

YMCA Dance Companies travel and compete throughout the year as well as perform at community events and a spring recital. Audition required. Contact your YMCA's Dance Director for details.

## FINANCIAL ASSISTANCE

The Y believes that opening doors can close gaps. That's why we welcome everyone to participate in our programs and services. Confidential applications for income-base financial assistance are available at ymcawichita.org or any YMCA location.