



Healthy Kids Day 2019

CHILD CARE & CAMP | CAMP HYDE | GREATER WICHITA YMCA

FREE COMMUNITY 5k and 1 Mile Fun Run/Walk

Saturday, April 27, 2019 | 1- 4:30PM

YMCA Camp Hyde in Viola, Kansas

- Free community event
- Includes 5k and 1 Mile Fun Run/Walk
- Races will NOT be timed
- Only 150 registrants for the 5k and 100 registrants for the 1 Mile Fun Run/Walk will be allowed
- Registration forms must be completed and returned to any YMCA branch by April 9, 2019 to be eligible for a free race t-shirt
- Registration required ONLY for the races, you do not need to be registered to participate in other Healthy Kids Day demonstrations and activities
- All runners and walkers who finish either race will be eligible to win a prize drawing
- Prizes include:
Free monthly program at your YMCA
Three, 30-min. sessions with a YMCA personal trainer
Grand Prize: Free 12 month membership

SCHEDULE

1:00— 2:00 Check-in

1:00—3:00 Community Booths

2:00- 5k starts

2:00—3:00 YMCA Program Demonstrations

3:00—3:15 Fun Run/Walk Group Stretch

3:15—3:45 1 Mile Fun Run/Walk

3:45 Awards and Prizes

4:30 End of Event

REGISTRATION

5k and/or 1 Mile Fun Fun/Walk

Name: _____ Age: _____

Email: _____

Phone: _____

Shirt Size: YS YM YL YXL S M L XL

Participation Release

I release the Greater Wichita YMCA, it's coaches and officials from all claims of injury which may be sustained by above individual while participating in any YMCA-sponsored activity, whether caused by the negligence of the YMCA or otherwise. If medical attention is required, I give my permission for such medical care. I also agree to follow the Greater Wichita YMCA sportsmanship standards and guidelines. By signing below, I give the YMCA permission to use photographs or videos of the above named participant in its promotional/educational materials.

Participant Name

Signature
Or Signature of Parent
(if minor is participating)

Date