



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FUN FOR EVERYONE

## FREE! Fun Fit Classes SOUTH YMCA GOLD GYM

Join YMCA staff in this class where having fun can improve your health! Jam-packed with games designed to improve strength, endurance, and flexibility while developing life-long fitness skills!

**Monday - Friday**  
**9:00A - 11:00A**

**INCLUDED IN MEMBERSHIP**  
**FOR AGES 6-12**  
**CLASSES BEGIN MAY 28<sup>TH</sup>**

