# DR. JIM FARHA ANDOVER YMCA

# Open Pool Schedule Effective 5/28/19 - 9/1/19

To ensure you have the opportunity to strengthen family through quality time together or can develop a wellness routine in the water, the Y offers the following times for open recreational and lap swimming as part of your membership. During times not listed below, the pools are closed for YMCA swim lessons and/or water exercise classes. For information on lessons, please consult the YMCA Program Guide. For information on water exercise classes, please refer to the Water Exercise schedule found in the literature rack in the lobby. Open pool times are subject to change and schedules for all Greater Wichita YMCA locations are available online at www.ymcawichita.org

**LAP POOL** 

FAMILY RECREATIONAL POOL Open/free swim times as scheduled:		
SUNDAY	6:30-7:30PM	
MONDAY	4:30-9:30AM	
	11:30AM-4PM	
	7-10PM	
TUESDAY	4:30-9:30AM	
	12:30-4PM	
	7-10PM	
WEDNESDAY	4:30-9:30AM	
	11:30AM-4PM	
	7-10PM	
THURSDAY	4:30-9:30AM	
	12:30-4PM	
	7-10PM	
FRIDAY	4:30AM-9PM	
SATURDAY	6:30-9AM	
	12:30-7:30PM	

12:30-7:30PM
12.30=7.30FM

A minimum number of lanes, as indicated, are available for lap swim only as scheduled:		
		LANES
SUNDAY	6:30-9AM	8
	9AM-12PM	5
	12-7:30PM	8
MONDAY AND WEDNESDAY	4:30-7:30AM	8
	7:30AM-12PM	2
	12-2PM	8
	2-4PM	3
	4-6PM	6
	6-10PM	8
TUESDAY AND	4:30-7:30AM	8
THURSDAY	7:30AM-12PM	2
	12-2PM	8
	2-4PM	3
	4-6PM	6
	6-10PM	8
FRIDAY	4:30-7:30AM	8
	7:30AM-12PM	2
	12-2PM	8
	2PM-4PM	3
	4-9PM	8
SATURDAY	6:30-8:30AM	8
	8:30-10:30AM	2
	10:30AM-12PM	6
	12-4PM	5

4-7:30PM

8

#### **POOL PLAY STRUCTURE**

Staff may, upon request, turn on family pool water play features except during program times. See aquatics staff for details.

#### **HOT TUB and SAUNA / STEAM ROOM**

Members and guest, ages 18+, may use hot tubs, saunas, and steam rooms except during weekly cleaning times (Hot Tub—Tues. 7-9AM, Sauna / Steam Room Fri. 6-7AM).

#### **100 MILE SWIM CLUB**

Members are encouraged to record their swim laps. Those who swim 100-or-more miles in a calendar year earn a free t-shirt.

#### LAP / LENGTH DISTANCE

70 lengths (35 laps) = 1 mile 35 lengths (17.5 laps) = 1/2 mile 18 lengths (9 laps) = 1/4 mile

#### **WATER TEMPURATURES**

Recreational/Therapy Pool 86-89°F Lap Pool 78-80°F Hot Tub 101-104°F

### **POOL TODDLER TIME**

Offered Mon., Wed., Fri., and Sat. 10:30AM-12PM (June 3 through August 10), this program is exclusively for parents/guardians swimming with their kids, ages 0-6.

## FIND WHAT MOVES YOU!

Take all of our Greater Wichita YMCA schedules with you in our app. You can find open court, group exercise, and other hours as well as challenges, activities, and programs, and other special content—for free. For more information, visit ymcawichita.org/app.





### FAMILY POOL RULES (all locations)

- Kids under the ages 8 must be accompanied by a parent/adult (age 18 & up) when using a Y swimming pool, unless in an organized, supervised program such as swim lessons.
- Children under the age of 8 must be in arm's reach of said parent/adult at all times in the water.
- The ratio of children under the age of 8 should not exceed 3:1 in non-program activities.
- Only U.S. Coast Guard approved life jackets and flotation devices are permitted.
- YMCA life jackets are available for small children.
- To ensure safety, check with lifequard before entering the pool with floatation devices.
- Swimmers MUST take a shower before entering the pool.
- Swimmers must wear appropriate swimsuits. No street shoes, street clothes or cut-offs. No jewelry or suits with zippers, rivets or other damaging objects allowed on slides.
- Children not potty-trained MUST wear a swim diaper or plastic, leak-proof pants while in the pool.
- Persons with a contagious disease, open sores, infectious conditions are prohibited from swimming.
- No gum, food or drink allowed in the pool. No glass of any kind is allowed.
- No smoking or alcohol is allowed. Individuals under the influence of drugs or alcohol are not permitted.
- No running on pool deck.
- No diving from the side of the pool (unless designated as an approved diving area—available in limited locations).
- This is a family friendly facility, please no intimate contact. Abusive, foul or racial remarks are prohibited.

### LAP POOL RULES

- Lap pool is for fitness swimming only
- Choose an appropriate lane for your speed
- At peak times, swim in a circular pattern sharing lanes down on the right, back on the left
- 35 lengths = 1/2 mile, 70 lengths = mile
- Pool is heated and kept at approximately 81-84 degrees