# **NEWTON YMCA**

# **Open Pool Schedule** Effective 5/28/19-9/1/19

To ensure you have the opportunity to strengthen your family through quality time together or develop your personal wellness routine in the water, the Y offers the following times for open recreational and lap swimming as part of your membership. During times not listed below, the pools are closed for YMCA swim lessons and/or water exercise classes. All schedules can be found on our Y mobile app, ymcawichita.org, and any YMCA membership desk. Open pool times are subject to change and schedules for all Greater Wichita YMCA locations are available online at ymcawichita.org.

| FAMILY RECREATIONAL POOL                 |  |  |  |
|--|--|--|--|
| Times listed below are available for ope |  |  |  |
| swim.                                    |  |  |  |
|  |  |  |  |
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| FAMILY RECREATIONAL POOL Times listed below are available for open swim. |                             |  |
|--|-----------------------------|--|
| Sunday   | 6:30A-7:30P                 |  |
| Monday   | 4:30A-9:15A                 |  |
| Monday   | 11:15A-10:00P               |  |
| Tuesday  | 4:30A-8:00A                 |  |
|  | 8:00A-9:15A (shallow only)  |  |
|  | 11:15A-5:15P                |  |
|  | 7:30P-10:00P                |  |
| Wednesday  | 4:30A-9:15A                 |  |
|  | 11:15A-10:00P               |  |
| Thursday   | 4:30A-8:00A                 |  |
|  | 8:00A-9:15A (shallow only)  |  |
| Thursday   | 11:15A-5:15P                |  |
|  | 7:30P-10:00P                |  |
| Friday   | 4:30A-8:00A                 |  |
|  | 8:00A-10:00A (shallow only) |  |
|  | 10:00A-9:00P                |  |
|  | 6:30A-8:30A                 |  |
| Saturday   | 8:30A-9:30A (shallow only)  |  |

11:30A-7:30P

#### **LAP POOL**

Times listed below are available for lap swim only. Minimum available lanes are noted.

| Sunday    | 6:30A-7:30P  | 6 lanes |
|-----------|--------------|---------|
|           | 4:30A-7:30P  | 6 lanes |
| Monday    | 7:30P-8:15P  | 3 lanes |
|           | 8:15P-10:00P | 6 lanes |
| Tuesday   | 4:30A-10:00P | 6 lanes |
| Wednesday | 4:30A-10:00P | 6 lanes |
| Thursday  | 4:30A-10:00P | 6 lanes |
| Friday    | 4:30A-9:00P  | 6 lanes |
| Saturday  | 6:30A-7:30P  | 6 lanes |



#### FIND WHAT MOVES YOU!

Take your schedule on the go with the Y's NEW mobile app! Open Swim, Lap Pool, Group Exercise, Open Gym, and Open Climbing Wall schedules are available for all 9 Greater Wichita YMCAs!





#### **FEATURES**

The following features are available during the noted times.

#### Play Structure

12P-7:15P & 8:15-9:30P Mon: Tue: 12P-5:15P & 7:30-9:30P 12P-1:00P & 2-9:30P Wed: Thu: 12P-5:15P & 7:30-9:30P

Fri: 10A-8:30P Sat-Sun: 11:45A-7:00P

#### **Hot Tub**

The Hot Tub is available for members and guests over the age of 18 during regular operating hours. Closed for cleaning Wednesday 7-9:00A.

#### **OTHER OPTIONS**

#### 100 Mile Swim Club

Record your laps throughout the year and earn a t-shirt for achieving 100 miles. Free to Y members. Ask any lifeguard for details.

## Lap Lengths

70 lengths (35 laps) = 1 mile 35 lengths (17.5 laps) = 1/2 mile 18 lengths (9 laps) = 1/4 mile

## FAMILY POOL RULES (all locations)

- Shower before entering any pool/whirlpool.
- Children under age 8 must be accompanied by and within arm's reach of an adult at all times, unless in an organized program such as swim lessons.
- An adult may accompany no more than 3 children under age 8.
- No running. No diving, unless in a designated diving area (limited locations).
- No street shoes on the pool deck.
- Only U.S. Coast Guard approved life jackets and flotation devices are permitted. YMCA life jackets are available for small children.
- Swimmers must wear appropriate swimsuits. No jewelry or suits with zippers, rivets or other damaging objects allowed on slides.
- Children not potty-trained MUST wear a swim diaper while in the pool.
- Persons with a contagious disease, open sores, infectious conditions are prohibited from swimming.
- No smoking, tobacco or alcohol is allowed. Individuals under the influence of drugs or alcohol are not permitted.
- No gum, food or drink allowed in the pool. No glass of any kind allowed.
- This is a family friendly facility, please no intimate contact. Abusive, foul or racial remarks are prohibited.

### LAP POOL RULES

- Choose an appropriate lane for your speed
- At peak times, swim in a circular pattern sharing lanes down on the right, back on the left
- 35 lengths = 1/2 mile, 70 lengths = mile