

# SOUTH YMCA

## Open Pool Schedule

### Effective 5/28/19 - 9/1/19

To ensure you have the opportunity to strengthen your family through quality time together or develop your personal wellness routine in the water, the Y offers the following times for open recreational and lap swimming as part of your membership. During times not listed below, the pools are closed for YMCA swim lessons and/or water exercise classes. All schedules can be found on our Y mobile app, [ymcawichita.org](http://ymcawichita.org), and any YMCA membership desk. Open pool times are subject to change and schedules for all Greater Wichita YMCA locations are available online at [ymcawichita.org](http://ymcawichita.org).

<b>FAMILY RECREATIONAL POOL</b> Times listed below are available for open swim.	
<b>Sunday</b>	6:30A-7:30P
<b>Monday</b>	4:30A-5:15A
	6:00A-8:15A
	1:15P-4:30P
	7:00P-10:00P
<b>Tuesday</b>	4:30A-5:15A
	6:00A-9:00A
	1:15P-4:30P
	5:15P-6:00P
	7:00P-10:00P
<b>Wednesday</b>	4:30A-5:15A
	6:00A-8:15A
	1:15P-4:30P
	7:00P-10:00P
<b>Thursday</b>	4:30A-5:15A
	6:00A-9:00A
	1:15P-4:30P
	7:00P-10:00P
<b>Friday</b>	4:30A-5:15A
	6:00A-8:15A
	2:00P-9:00P
<b>Saturday</b>	6:30A-9:00A
	12:00P-7:30P

<b>LAP POOL</b> Times listed below are available for lap swim only. Minimum available lanes are noted.		
<b>Sunday</b>	6:30A-7:30P	3 lanes
<b>Monday</b>	4:30A-9:45A	3 lanes
	9:45A-1:15P	1 lane
	1:15P-4:30P	3 lanes
	4:30P-7:00P	2 lanes
	7:00P-10:00P	3 lanes
<b>Tuesday</b>	4:30A-8:00A	3 lanes
	8:00A-10:30P	1 lane
	10:30P-12:30P	3 lanes
	12:30P-1:15P	1 lane
	1:15P-4:30P	3 lanes
	4:30P-7:00P	2 lanes
	7:00P-8:00P	1 lane
	8:00P-10:00P	3 lanes
<b>Wednesday</b>	4:30A-9:45A	3 lanes
	9:45A-1:15A	1 lane
	1:15P-4:30P	3 lanes
	4:30P-7:00P	1 lane
	7:00P-10:00P	3 lanes
<b>Thursday</b>	4:30A-8:00A	3 lanes
	8:00A-10:30A	1 lane
	10:30A-12:30P	3 lanes
	12:30P-1:15P	1 lane
	1:15P-4:30P	3 lanes
	4:30P-7:00P	2 lanes
	7:00P-8:00P	1 lane
	8:00P-10:00P	3 lanes
<b>Friday</b>	4:30A-9:00P	3 lanes
<b>Saturday</b>	6:30A-9:00A	3 lanes
	9:00A-12:00P	1 lane
	12:00P-7:30P	3 lanes

#### **FIND WHAT MOVES YOU!**

Take your schedule on the go with the Y's NEW mobile app! Open Gym, Open Swim, Lap Pool, Group Exercise, and Open Climbing Wall schedules are available for all 9 Greater Wichita YMCAs!



#### **FEATURES**

The following features are available during the noted times.

#### **Water Slide & Mushroom**

Mon-Thurs: 1:15P-4:30P & 7:00-10:00P

Fri: 2:00P-9:00P

Sat: 1:00P-7:30P

Sun: 6:30A-7:30P

#### **Hot Tub**

The Hot Tub is available for members and guests **18+** during regular operating hours. Closed for cleaning Friday 1-3:00P.

**Toddler Time** - Ages 6 & under. Must be accompanied by parent/guardian at all times.  
Mon, Wed, Fri & Sat 10:30A-12:00P  
June 3-August 10

#### **OTHER OPTIONS**

#### **100 Mile Swim Club**

Record your laps throughout the year and earn a t-shirt for achieving 100 miles. Free to Y members. Ask any lifeguard for details.

#### **Lap Lengths**

70 lengths (35 laps) = 1 mile

35 lengths (17.5 laps) = 1/2 mile

18 lengths (9 laps) = 1/4 mile

## **FAMILY POOL RULES (all locations)**

- Shower before entering any pool/whirlpool.
- Children under age 8 must be accompanied by and within arm's reach of an adult at all times, unless in an organized program such as swim lessons.
- An adult may accompany no more than 3 children under age 8.
- No running. No diving, unless in a designated diving area (limited locations).
- No street shoes on the pool deck.
- Only U.S. Coast Guard approved life jackets and flotation devices are permitted. YMCA life jackets are available for small children.
- Swimmers must wear appropriate swimsuits. No jewelry or suits with zippers, rivets or other damaging objects allowed on slides.
- Children not potty-trained MUST wear a swim diaper while in the pool.
- Persons with a contagious disease, open sores, infectious conditions are prohibited from swimming.
- No smoking, tobacco or alcohol is allowed. Individuals under the influence of drugs or alcohol are not permitted.
- No gum, food or drink allowed in the pool. No glass of any kind allowed.
- This is a family friendly facility, please no intimate contact. Abusive, foul or racial remarks are prohibited.

## **LAP POOL RULES**

- Choose an appropriate lane for your speed
- At peak times, swim in a circular pattern sharing lanes down on the right, back on the left
- 35 lengths = 1/2 mile, 70 lengths = mile