



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

COOKING UP FUN FOR YOUR KIDS

Jr. Chef Academy NORTHWEST & ANDOVER YMCA's

Level 1: Build basic culinary skills, incorporating nutrition and fun food experiments while making new recipes each week. This Academy includes a chef hat and apron, progress reports, and a kid-prepared recipe showcase at the end of the 10 week session! Ages: 6-12, 75-minute classes

Level 1 sessions:

Andover YMCA:

Mondays, 5:00-6:15 P, 11/4-19-1/6/20,

Northwest YMCA:

Thursdays, 5:45-7:00 P, 10/10/19-1/02/20,

skips: 10/31, 11/28, 12/26

OR

Tuesdays, 5:45-7:00 P, 11/5/19-1/21/20,

skips: 12/24, 12/31

Level 2: Build on culinary skills from level 1 with new weekly recipes to make and taste. Kids earn a kitchen gadget during the 10 week session. Ages: 6-12, 75-minute classes. Recommended to complete level 1 prior to level 2, but not required.

Level 2 sessions:

Northwest YMCA:

Mondays, 5:45-7:00 P, 10/7/19-12/9/19

Fee: \$33/month bankdraft for three months or \$99/3-month session (member rate). Financial assistance is available. Enroll in person or by phone for the Jr. Chef Academy. Space limited. *Must contact Tammi prior to class start if child has a food allergy.

Questions? Contact Tammi Krier, YMCA Healthy Eating Director: 316-776-8176 or tammi.krier@ymcawichita.org

Program Codes: 19Oct 08ACH (draft Oct/Nov/Dec), 19Nov 08ACH or 12ACH (draft Nov/Dec/Jan)

Thanks to a partnership with Delta Dental of Kansas and American AgCredit, we are able to offer a new, lower price for this fantastic program in 2019!

