BELAY/ AUTO BELAY CERTIFICATION
(ages 11 & up)
Members receive belay certification after completing a two-hour class and passing a retention check at a later date. Pre-registration is required. Min 2/max 6 people.

FEES:
Belay & Auto Belay Cert: $24 / $44
$48/$68 family
Auto Belay Cert Only: $15 / $35

TIMES:
Thursdays 6:45 P
Saturdays 12:00 P

RETENTION CHECK & RECERTIFICATION
An annual recertification check is required for all Belayers. Pre-registration required. Retention checks are REQUIRED to receive all Belay cards.

FEES:
Belay & Auto Belay Cert: $24 / $44
$48/$68 family
Auto Belay Cert Only: $15 / $35

TIMES:
Thursdays: 6:30 P and Saturdays: 3:00 P

MARTIAL ARTS (ages 5 & up)
Enjoy this fun activity that’s great for kids and the whole family. improve self-confidence, self-control & coordination as you learn self-defense techniques and develop reflexes & focus on improved health. Uniform and testing are optional for all YMCA Martial Arts classes.

FEES: $24/MO 1 class /week | $48/MO 2 classes /week

Beginner
60 minute class
Saturday | 9:00 am

Advanced
Monday | 6:45 pm
60 minute class
Wednesday | 6:45 pm
GREATER WICHITA YMCA: CLIMBING WALL POLICIES

CLIMBING/BELAYING RULES
For your safety and enjoyment please remember:

- All climbers and belayers should be familiar with the equipment, techniques & wall safety before climbing or belaying.
- All belayers are required wear their YMCA Belay Card while belaying.
- Everyone using the wall must sign a waiver before climbing. Any climber under the age of 18 must have a waiver signed by a parent or legal guardian.
- Climbers must be 4 years of age or older to climb.
- Belay Certified - Climbers must have completed YMCA Belay Certification to check out equipment and belay other climbers. Climbers must be 15 yrs. old to check out belay equipment. Members between the ages of 11-14 who are Belay Certified must be directly supervised at all times by a Belay Certified Adult (18 yrs old or older).
- Auto Belay Certified - Climbers must have completed YMCA Auto Belay Certification to check out climbing harnesses and use the Auto Belay equipment. Climbers must be 15 yrs. old to check out belay equipment. Members between the ages of 11-14 who are Auto Belay Certified must be directly supervised at all times by an Auto Belay Certified Adult (18 yrs old or older).
- Lead Climbing Certified - Lead Climbers must be 15 yrs old and have completed YMCA Lead Climbing Certification. Climbers must provide their own equipment. Climbers and belayers are required wear their YMCA Lead Climbing Card while climbing/belaying.
- Belay Cards are valid for one calendar year and must be renewed annually.
- Floor anchors are provided for each rope for the convenience of the belayer, and must be used when belaying someone significantly heavier than oneself.
- No running allowed in the climbing or bouldering areas.
- Stay seated on bench while waiting to climb or observing climbers.
- All climbers must wear appropriate footwear. Open toe, open heal, or hard sole shoes are not allowed. No barefoot climbing. No climbing in wet clothes.
- Use only holds on wall for climbing. Do not touch exposed metal, belay bars, clips, etc.
- Climbers must stay “on route” while climbing due to the dangerous swing factor caused by climbing “off-route”.
- Helmets are available for climbers
- No solo climbing (bouldering) above 4 foot line
- No sitting down or lying down while belaying
- All accidents and equipment damage must be reported immediately

BOULDERING RULES
For your safety and enjoyment please remember:

- The YMCA recommends using a least one spotter when bouldering
- Boulder within your personal limits; climber’s feet must stay below the blue 4 foot line.
- Children 8 and under must be supervised and spotted by their parents/chaperones in the bouldering area. Children should stay well below the 4 foot line.
- No “topping out” (climbing on top of bouldering area)
- Yield to roped climbers and show courtesy to others bouldering.
- Never boulder under a climber

Participants found to be belaying, climbing or bouldering in an unsafe manner will be asked to leave the wall. Infractions can result in loss of Belay Card and/or suspension of climbing privileges.