



CLIMBING WALL

Northwest YMCA January 1 – May 31, 2017

The Northwest YMCA Climbing Wall provides exciting opportunities for kids, families and groups. Discover climbing activities for all ages and experience levels. Bouldering allows you to climb horizontally, while belayed climbing takes you to the top of the wall. Enjoy climbing during all building hours by taking a belay certification class or auto belay certification class.

FIND WHAT MOVES YOU! Take your schedule on the go with the Y's NEW mobile app! Open Climbing Wall, Open Gym, Open Swim, Lap Pool, and Group Exercise schedules are available for all 9 Greater Wichita YMCAs!



The Climbing Wall is open to YMCA belay certified climbers during all building hours. Climbing equipment is available for checkout at the Front Desk. Climbers must be YMCA certified and 15 yrs. old to check out equipment. (Space may be limited during birthday parties and classes.)

Climbing Classes (ages 4 & up)

Learn the basics of climbing or progress to advanced climbing techniques through classes ranging from levels 1-3. New classes begin at the start of each month. Each class session lasts 45 minutes. Private and semi-private lessons are also available. Pre-registration is required

- Level 1 – Beginning Climbers
- Level 2 – Intermediate Climbers
- Level 3 – Advanced Climbers

FEES: \$24 member
\$44 community participant
\$48/\$68 family class

TIMES: Mondays 5:30P or 6:30P
Tuesdays 5:30P or 6:30P
Wednesdays 5:30P or 6:30P
Saturdays 9:00A
Saturdays 10:00A (family class)

Belay Certification (ages 11 & up)

Members receive belay certification after completing a two-hour class and passing a retention check at a later date. Pre-registration is **required**. Min 2/max 6 people.

FEES: \$24 member
\$44 community participant
\$48/\$68 family (max 4 people)

TIMES: Thursdays 6:45 P
Saturdays 11:00 A

Lead Climbing Certification (ages 15 & up)

Members receive lead Climbing certification after completing a two to three hour class and passing a retention check at a later date. Classes meet by appointment only. Min 2/max 6 people. Pre-registration is required.

FEES: \$24 member
\$44 community participant

TIMES: Fridays 6:00 -8:30 P

Auto Belay Certification (ages 11 & up)

Members receive auto belay certification after completing a 30 minute class and passing a retention check at a later date. Pre-registration is **required**.

FEE: \$15 member
\$35 community participant

TIMES: Thursdays 6:45 P
Saturdays 11:00 A

Retention Checks & Recertification

An annual recertification check is required for all Belayers. Pre-registration required.

FEE: \$10

TIMES: Thursdays 6:30 P
Saturdays 3:00 P
Or contact the Youth Programs Director to set up an appointment

Staff Belay (Open Climb) (ages 4 & up)

No certification? No problem! Our certified YMCA Staff will be available to belay climbers.

FEE: FREE!
TIMES: Thursdays 5:30-6:30P
Saturdays 1:00-3:00P

Birthday Parties – Contact the Youth & Family Coordinator to schedule a climbing wall party.



CLIMBING WALL

GREATER WICHITA YMCA: CLIMBING WALL POLICIES

CLIMBING/BELAYING RULES

For your safety and enjoyment please remember:

- All climbers and belayers should be familiar with the equipment, techniques & wall safety before climbing or belaying.
- All belayers are required wear their YMCA Belay Card while belaying.
- Everyone using the wall must sign a waiver before climbing. Any climber under the age of 18 must have a waiver signed by a parent or legal guardian.
- Climbers must be 4 years of age or older to climb.
- Belay Certified - Climbers must have completed YMCA Belay Certification to check out equipment and belay other climbers. Climbers must be 15 yrs. old to check out belay equipment. Members between the ages of 11-14 who are Belay Certified must be directly supervised at all times by a Belay Certified Adult (18 yrs old or older).
- Auto Belay Certified - Climbers must have completed YMCA Auto Belay Certification to check out climbing harnesses and use the Auto Belay equipment. Climbers must be 15 yrs. old to check out belay equipment. Members between the ages of 11-14 who are Auto Belay Certified must be directly supervised at all times by an Auto Belay Certified Adult (18 yrs old or older).
- Lead Climbing Certified - Lead Climbers must be 15 yrs old and have completed YMCA Lead Climbing Certification. Climbers must provide their own equipment. Climbers and belayers are required wear their YMCA Lead Climbing Card while climbing/belaying.
- Belay Cards are valid for one calendar year and must be renewed annually.
- Floor anchors are provided for each rope for the convenience of the belayer, and must be used when belaying someone significantly heavier than oneself.
- No running allowed in the climbing or bouldering areas.
- Stay seated on bench while waiting to climb or observing climbers.
- All climbers must wear appropriate footwear. Open toe, open heel, or hard sole shoes are not allowed. No barefoot climbing. No climbing in wet clothes.
- Use only holds on wall for climbing. Do not touch exposed metal, belay bars, clips, etc.
- Climbers must stay "on route" while climbing due to the dangerous swing factor caused by climbing "offroute".
- Helmets are available for climbers
- No solo climbing (bouldering) above 4 foot line
- No sitting down or lying down while belaying
- All accidents and equipment damage must be reported immediately

BOULDERING RULES

For your safety and enjoyment please remember:

- The YMCA recommends using a least one spotter when bouldering
- Boulder within your personal limits; climber's feet must stay below the blue 4 foot line.
- Children 8 and under must be supervised and spotted by their parents/chaperones in the bouldering area. Children should stay well below the 4 foot line.
- No "topping out" (climbing on top of bouldering area)
- Yield to roped climbers and show courtesy to others bouldering.
- Never boulder under a climber

Participants found to be belaying, climbing or bouldering in an unsafe manner will be asked to leave the wall. Infractions can result in loss of Belay Card and/or suspension of climbing privileges.